

DIABETES

Mamaroneck Union Free School District EMERGENCY ACTION PLAN

Student's name: _____ DOB: _____ Grade/class: _____

School: Central Chatsworth Mamaroneck Avenue Murray Hommocks High School Other _____

Type 1 Type 2 Insulin Brand: _____

PHOTO ID

Mother/Guardian: _____ (H) _____

(C): _____ (W) _____

Father/Guardian: _____ (H) _____

(C): _____ (W) _____

Emergency contact: _____ (H) _____

(C): _____ (W) _____

Endocrinologist: _____ Phone: _____

Primary Care Physician: _____ Phone: _____

Insulin Pump: Yes No If Yes Type of Pump _____

Student's Location of Diabetic Supplies: _____

Glucagon location: _____

Signs of LOW BLOOD SUGAR (hypoglycemia) include:

The student with hypoglycemia (low blood sugar) may exhibit the following symptoms:

HUNGRY	SHAKY	UNABLE TO CONCENTRATE	LETHARGIC	WEAK
SLEEPY	COMBATIVE	CONFUSED OR DISORIENTED	SWEATY	OTHER: _____
PALE	DIZZY	POOR COORDINATION	IRRITABLE	

THE SEVERITY OF SYMPTOMS CAN CHANGE QUICKLY. ALL ABOVE SYMPTOMS CAN POTENTIALLY PROGRESS TO A LIFE-THREATENING SITUATION!

ACTION (How to Treat Low Blood Sugar):

If the student complains of feeling "low" or exhibits symptoms of hypoglycemia but is conscious, cooperative and can swallow.

1. Please see attached **Diabetes Medication Administration Form** for instructions
2. Check the blood glucose in 15 minutes. If still low refer to **Diabetes Medication Administration Form** for further instructions

If student is unresponsive, having a seizure, or unable to swallow, contact the school nurse or trained diabetes personnel who will give glucagon as ordered in the physician's orders.

1. Turn the student on his or her side and keep the airway open.
2. Call 911 (inform paramedic that student is a diabetic).
3. Inform building administration that 911 has been called.
4. Call parent/guardian.

Emergency Medications for Low Blood Sugar:

Glucagon ordered? Yes No IF GLUCAGON IS GIVEN, CALL 911. NOTIFY PARENTS.

GLUCAGON CAN ONLY BE ADMINISTERED BY SCHOOL NURSE OR TRAINED SCHOOL PERSONNEL.

Do not hesitate to administer glucagon or call 911, even if parents cannot be reached!

Signs of HIGH BLOOD SUGAR (hyperglycemia), that can impair the student's cognitive abilities, include:

The student with hyperglycemia (high blood sugar) may exhibit the following symptoms:

EXCESSIVE THIRST	FREQUENT URINATION	PERSONALITY/BEHAVIOR CHANGE	NAUSEA
BLURRY VISION	FATIGUE	INABILITY TO CONCENTRATE	Other: _____

If the student exhibits any of the symptoms listed above, check the student's blood glucose and contact the school nurse.

ACTION (How to Treat High Blood Sugar):

1. If the student has any of the signs and symptoms above, see attached **Diabetes Medication Administration Form** for instructions
2. Allow free use of the bathroom.
3. Encourage the student to drink water or other sugar-free liquid.
4. Contact the school nurse or trained diabetes personnel to check urine for ketones and to administer insulin as ordered in the **Diabetes Medication Administration Form**
5. If the student is vomiting or lethargic, call 911 and parent.

INSULIN CAN ONLY BE ADMINISTERED BY A SELF-DIRECTED STUDENT OR A SCHOOL NURSE.

Comments/Special Instructions: _____

Signature of parent/guardian: _____ Date: _____

Signature of Health Care Provider: _____ Date: _____

Parent signature gives permission to speak to child's physician/practitioner and school staff as needed.

PARENT – PLEASE COMPLETE THE OTHER SIDE OF FORM