

BOOK LIST

Growing Up – It's a Girl Thing

Mavis Jukes, Alfred A. Knopf, Inc., 1998

My Body, My Self

Lynda Madaras and Area Madaras, Newmarket Press, 1993

The New Teenage Body Book

Kathy McCovy, PhD, and Charles Wibbelsman, MD, Putnam Publishing Group, 1992

The Period Book, Karen and Jennifer Gravelle, Walker and Company, 1996

The Period Book

Karen and Jennifer Gravelle

Walker and Company, 1996

The What's Happening to My Body? A Book for Boys: A Growing Up Guide for Parents and Sons

Linda Madaras and Area Madaras, Newmarket Press, 2000

The What's Happening to My Body? A Book for Girls: A Growing Up Guide for Parents and Daughters

Linda Madaras and Area Madaras, Newmarket Press, 2000

It's Perfectly Normal

Robie Harris, Candlewick Press, 1996

*The Care and Keeping of You: The Body Book for Girls

(American Girl Library) Valerie Schaefer and Normal Bendel

*Boy's Guide to Becoming a Teen

The American Medical Association, Kate Gruenwald Pfeiffer and Amy B. Middleman

*Popular among the kids