DRUGS AND ALCOHOL

Primary Prevention

The intent of primary prevention programming is to prevent alcohol and other substance use/abuse by students. The components of this programming shall include:

1. Providing a sequential K-12 prevention curriculum that provides for:
   - Accurate and age-appropriate information about alcohol and other substances including the physical, psychological and social consequences for their use/abuse.
   - Information about the relationship of alcohol and other substance use/abuse to other health-compromising behaviors or illnesses such as HIV and AIDS, teenage pregnancy, eating disorders, child abuse, suicide, impaired driving and dropping out of school.
   - Helping students develop appropriate life skills to resist the use of alcohol and other substances and to promote healthy life styles.
   - Helping students identify personal risk factors for alcohol and other substance use/abuse and the steps needed for risk reduction.
   - Helping students develop a positive self-concept.
   - Helping students identify when they are under stress and how to manage or reduce such stress through non-chemical means.

2. Training school staff, parents and guardians to use the information and skills necessary to reinforce the components of this policy and regulation in the home, school and community.

3. Educating the community about the issues of alcohol and other substance use/abuse as a basis for providing a consistent message to district youth.

4. Providing positive alternatives to alcohol and other substance use/abuse, such as peer leadership programs, service projects, and recreational and extracurricular activities. Such activities will be planned collaboratively with students, school staff, parent(s) or guardian(s), community members, and agencies.

Intervention

The intent of intervention programming is to eliminate any existing use/abuse of alcohol and other substances, and to identify and provide supportive services to kindergarten through 12th grade students at high risk for such use/abuse. The components of such programming shall include:

1. Providing alcohol and other substance use/abuse assessment and counseling services for students;

2. Developing a referral process between district schools and community providers;

3. Identifying and referring students to appropriate agencies when their use/abuse of alcohol and/or
other substance requires counseling and/or treatment;

4. providing services to students in or returning from treatment to ensure that the school environment supports the process of recovery initiated in the treatment program;

5. providing individual and group counseling and family support to assist students at high risk for alcohol and or other substances use/abuse;

6. educating parent(s) or guardian(s) on when and how to access the district’s intervention services; and

7. ensuring confidentiality as required by federal and state law.

**Disciplinary Measures**

Disciplinary measures for students found using, selling or distributing alcohol and/or other substances are outlined in the district’s policy on School Conduct and Discipline.

The Superintendent of Schools will determine whether a recommendation should be made for students who are disciplined for any of these infractions to utilize the intervention services established by this policy.

**Staff Development**

The Board recognizes that administrative, instructional, and non-instructional staffs are to be responsible for understanding, implementing and modeling the district’s policy and regulation on student Drug and Alcohol Abuse. Staff shall be trained about the components of an effective alcohol and other substance prevention program in accordance with the School District requirements for professional development. *Community Involvement, Implementation, Dissemination, and Monitoring*

The Board recognizes that any policy attempting to eliminate alcohol and drug use in the district’s schools must be part of a larger community effort to fight drugs and alcohol. Therefore, the Board directs that the Superintendent may collaborate with district staff, parent(s) or guardian(s), students, community members, organizations and agencies, including alcohol and other substance abuse service providers, in developing the specific programs and strategies necessary to implement Board policy.

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