



HOMMOCKS FALL SPORTS INTRAMURALS 2020

Due to Covid 19, Section 1 schools, including Hommocks Middle School, will not offer fall interscholastic modified sports. The Mamaroneck School District will offer intramural athletic programs for 7th and 8th grade students beginning on Thursday, October 15th. The programs will adhere to New York State Department of Health and NYSPHSAA protocols and guidelines.

Prerequisite Information:

- Unlike interscholastic programs, intramural athletic programs do not compete against other schools. Competition will be in-house, in the form of pickup games.
- Any interested 7th and 8th grade students will be permitted to participate, and no participants will be cut.
- There is no cost associated with participating.
- Our intramural programs will take place after school on Hommocks Field or at Flint Park.

Eligibility Requirements:

- Students must be passing and participate in physical education class to be eligible for intramurals.
- Only 7th and 8th graders in the Blue or Green in-person, afternoon cohort will be eligible to participate. When participants attend in-person learning in the morning, they won't be allowed to return to school for intramural athletics.
- Full remote students are allowed to participate and must choose a cohort, Blue or Green, to attend with. Remote students will be required to present the "green screen", from the attestation form and have their temperature taken prior to participation.

Sports Offered:

Boys and Girls Cross Country	3:15-4:30 pm at Flint Park
Boys Soccer	3:15-4:30 pm at Hommocks
Girls Soccer	3:15-4:30 pm at Hommocks
Field Hockey	3:15-4:30 pm at Flint Park-Ruth Green

Equipment Requirements:

- All participants must wear a face covering, including during competition. If a participant requires a mask break, designated, individual locations will be provided.
- **Participants must have their own equipment. Due to Covid-athletes will not be permitted to share their belongings. They will not be allowed to play without proper equipment.**
- If a participant does not have required equipment, they can contact Mr. Dale at jdale@mamkschools.org for assistance.

- Participants should bring their own filled water bottle with their full name clearly labeled on it
- Soccer shin guards are required.
- Field Hockey shin guards, mouthguard, and a stick are required. We have sticks available for athletes to use. If you need one, email Mr. Dale jdale@mamkschools.org
- Cross Country sneakers are required.

Coaches and Communication:

- All intramurals coaches will wear face coverings.
- Coach's will communicate with you through the email you provide on Family ID.

Registration Requirements:

- Prior to participation, parents or a legal guardian must register their child using the the following link: [Hommocks Fall Intramurals](#)
- Each participant can only register and participate in one sport.

In school for PM Classes

Please check [Athletics Website](#) for updates or weather related changes

Intramurals begins on Thursday, October 15, 2020

Monday 10/12 NO SCHOOL		Wednesday 10/14 NO INTRAMURALS	Thursday 10//15 GREEN	Friday 10/16 BLUE
Monday 10/19 GREEN	Tuesday 10/20 BLUE	Wednesday 10/21 NO INTRAMURALS	Thursday 10/22 BLUE	Friday 10/23 GREEN
Monday 10/26 BLUE	Tuesday 10/27 GREEN	Wednesday 10/28 NO INTRAMURALS	Thursday 10/29 GREEN	Friday 10/30 BLUE
Monday 11/2 GREEN	Tuesday 11/3 NO SCHOOL	Wednesday 11/4 NO INTRAMURALS	Thursday 11/5 GREEN	Friday 11/6 BLUE
Monday 11/9 GREEN	Tuesday 11/10 BLUE	Wednesday 11/11 NO SCHOOL	Thursday 11/12 GREEN	Friday 11/13BLUE
Monday GREEN 11/16	Tuesday 11/17 BLUE	Wednesday 11/18 NO INTRAMURALS	Thursday 11/19 BLUE	Friday 11/20 GREEN
Monday 11/23 BLUE				

If we encounter inclement weather, we will cancel by 2:00 pm the day of intramurals. Cancellations will be announced during school and will be posted on the [Athletic Webpage](#). Likewise, you will receive an email notification indicating a cancellation.

**If you have any additional questions or concerns, please contact
JT Dale at jdale@mamkschools.org.**