

### Professional Engagement Survey

“The way people feel at work profoundly influences how they perform.” (Schwartz and Porath, NYT 5/30/14)

| To what extent does my job allow...?            | Rating (circle one):<br>1 = Rarely, 2 = Occasionally,<br>3 = Often, 4 = Regularly | Notes, examples, ideas... |
|---|---|---------------------------|
| Regular time for creative or strategic thinking | 1      2      3      4  |                           |
| Ability to focus on one thing at a time         | 1      2      3      4  |                           |
| Opportunities to do what I most enjoy           | 1      2      3      4  |                           |
| Level of meaning and significance               | 1      2      3      4  |                           |
| Connection to my organization's mission         | 1      2      3      4  |                           |
| A sense of community                            | 1      2      3      4  |                           |
| Opportunities for learning and growth           | 1      2      3      4  |                           |
| Opportunities to do what I do best              | 1      2      3      4  |                           |
| Ability to prioritize my tasks                  | 1      2      3      4  |                           |
| Overall positive energy                         | 1      2      3      4  |                           |
| Understanding of how to be successful           | 1      2      3      4  |                           |
| Ability to balance work and home life           | 1      2      3      4  |                           |
| Ability to disengage from work                  | 1      2      3      4  |                           |
| Comfort in truly being myself                   | 1      2      3      4  |                           |

SEL in Mamaroneck: Districtwide - Professional Engagement Survey