



# Chatsworth Elementary School Lunch Menu December, 2018

## Lunch pricing...

\$2.80 – Students / \$3.75+Tax - Adults  
Reduced =FREE – FRLP\* Participants

### Lunch Includes:

Protein, Bread/Grain, Vegetable, Fruit and  
Choice of Fat-Free White, Chocolate or 1%  
White (8 oz.).

Pay for School Meals.

[Myschoolbucks.com](http://Myschoolbucks.com)

## More info...

If you have any questions, please  
contact, Sandra Renken, Food Service  
Director at (914) 220-3038 or e-mail  
[Renken-Sandra@aramark.com](mailto:Renken-Sandra@aramark.com)

\*Free or Reduced Lunch Program. To Apply,  
Visit [mamkschools.org/parents-  
community/food-services](http://mamkschools.org/parents-community/food-services).

If your child has a food allergy, please  
contact your school nurse

Regardless of portion size, the FSMC is responsible  
for meeting all requirements under the Final Rule  
Nutrition Standards in the National School Lunch and  
School Breakfast Programs. This includes Min-Max  
calories, Saturated Fat, Sodium, specific component  
offers for all fruits, vegetables, grains, meat/meat  
alternates and milk.



This institution is an equal opportunity provider.

3

**Chicken Monday**  
BBQ Chicken on a  
Bun  
Crinkle Cut Fries  
Steamed Broccoli  
Fresh Fruit

4

**Nacho Day**  
Beef Nachos with  
Chips & Cheese  
Sauce  
Yellow rice  
Kickin' Beans  
Oranges

5

Early Dismissal for  
Teacher Conferences



*Don't forget to order  
your bagged lunch!*

6

WG Pasta – Plain,  
Marinara or  
Meatballs  
Steamed Green  
Beans  
Fresh Fruit

7

Cheeseburger  
Meatloaf  
Oven Roasted  
Potatoes  
Spinach Salad  
Steamed Carrots  
Grapes

10

WG Breaded  
Chicken Parmesan  
over WG Pastai with  
Sauce  
Steamed Broccoli  
Fresh Fruit

11

Soft Chicken Tacos  
(2) with Lettuce &  
Cheese  
Mexican Spiced  
Rice  
Charro Black Beans  
Steamed Corn  
Fresh Fruit Salad

12

Early Dismissal for  
Teacher Conferences



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13

Pasta with Pink  
Sauce  
WG Breadstick  
Roasted Cauliflower  
Fresh Melon Cuts

14

**Burger Bonanza...**  
Beef Burger or Veggie  
Patty on Whole Grain  
Roll  
Sliced Lettuce &  
Tomato Salad  
Baked Fries  
Grapes

17

**Chicken Monday**  
WG Chicken Tenders  
Served with  
Herbed Rice  
Steamed Broccoli  
Fresh Fruit

18

**Taco Tuesday:**  
Crunchy Tacos  
w/Beef or Veggies  
served with  
1oz Cheese & Salsa  
Cilantro Brown Rice  
Campfire Pinto  
Beans  
Fresh Fruit Salad

19

Villa Maria Pizza  
WG Breadstick  
Fresh BBY Carrots  
Apple Slices



20

All American Grilled  
Cheese  
Served with Vegetarian  
Baked Beans  
Seasoned Corn  
Fresh Fruit

21

Backyard BBQ Burger:  
Beef or Veggie Burger  
with American Cheese  
& Curley Fries on top  
Fresh Bell Pepper  
Strips  
Garden Salad  
Apple Slices



## Daily Lunch Offerings:

Side Salad - 1 Cup Dark, Leafy Greens Topped w/Seasonal Produce  
Fruits and Vegetables - A Variety of Fresh Fruits & Vegetables in 1/2 Cup Portions  
Sunflower Seed Spread & Grape Jelly Sandwiches on WG Bread  
American Cheese Sandwich on WG Bread  
Yogurt Parfait: All-Natural Yogurt w/Granola & Fruit

**Sandwiches:** **Mon** –Breaded Chicken, **Tues**–Turkey & Am , **Wed**– Bologna & Am, **Thurs** –Ham & Swiss, **Fri** – SW Turkey Wrap.  
All served with Celery + Carrots and Fresh Fruit

**Salads:** **Mon** – Chef, **Tues** –Tuna Salad, **Wed** –WG Chicken w. Salad, **Thurs** –Veg Baja Salad, **Fri** – Chicken Caesar all served w. WG  
Bread Option & Fruit

**\*\* Water stations are available with all meals\*\*\* WG=Whole Grain**