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## **NEWS RELEASE**

### **JACK (OF ALL TRADES) MILLER NAMED CON ED AWARD WINNER**

MAMARONECK, NY, December 18, 2009 – Mamaroneck High School senior Jack Miller has been chosen the recipient of this week's Con Ed Athlete of the Week for his achievements in wrestling, in addition to football. Miller, who was accepted early admissions to the University of Pennsylvania where he was recruited to play light weight football, is an accomplished student as well as an athlete.

“Jack is an outstanding student and wrestler with very high standards,” says football and wrestling coach Anthony Vitti. “A lot has been demanded of Jack in the classroom and on the playing fields, and he has always delivered.”

Miller, captain of both wrestling and football, posted a 5-0 record in wrestling this week, including winning the 160 pound weight class at the 36<sup>th</sup> Annual Mamaroneck Wrestling Tournament. His win in the finals sealed a victory for the home team Tigers, earning them their first ever team title at the Tiger Tournament. Miller was selected to All League as a junior in wrestling and won the Mamaroneck Athletic Award, given by the coaching staff to an individual that embodies the spirit of the sport.

In football, Miller earned the All-League and Honorable Mention All Section honors this fall. He was a leader as a receiver and defensive back on Varsity and was nominated for the prestigious 2009 Golden Dozen Football Team award.

According to Jack's guidance counselor, Pete Williams, Jack is the 'whole package'. He excels at sports, in the classroom and out in the community.

“Jack is one of the most accomplished students I've worked with in my 38 years in education and truly a model student-athlete,” Williams says. “He is a coach's dream to have on a team – a kid who leads by example, has a work ethic second to none and consistently encourages his teammates in a positive, thoughtful manner.”

A participant in MHS's Original Science Research (OSR) program, Miller was recently selected to present his research work at the Radiological Society of North America's annual conference in Chicago, the world's largest medical conference and the fifth largest trade conference in the USA. He delivered a PowerPoint presentation to a packed audience of doctors and medical students, which included his parents, both of whom are radiologists.

Beyond OSR, Miller is a Mamaroneck High School Caprice Senior Advisor and serves on the MHS Athletic Advisory Council. He also is a member of the Teens for Community group – which helps physically and mentally challenged young adults; a volunteer with the Community Action Program (CAP), and a Mamaroneck Food Pantry volunteer. (He has been bagging groceries there twice per month since eighth grade.)

“Jack devotes a tremendous amount of time to his academic and athletic pursuits, but what is most gratifying to me is the concern he has for his family, his school and his philanthropic pursuits within the community. In terms of goals he sets the bar high in all facets of life, and all of his success can be traced to his tremendous motivation, determination and persistence,” says Vitti.

The Con Edison Athlete of the Week award is given each week to scholar athlete students in Westchester and Putnam schools. The winner is chosen by a panel of athletic directors and coaches who review ballots submitted by each athlete’s athletic director or coach.

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